

YOU ARE SCHEDULED FOR A

PROCEDURES are held on 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month

at South Shore Surgery Center  
53 Brentwood Road, Suite F  
Bay Shore, NY 11706

REGISTER AT [WWW.SIMPLEADMIT.COM](http://WWW.SIMPLEADMIT.COM)  
(click "patient starts here" and enter the password: **SSSC11NEW**)

NO FOOD OR DRINK AFTER MIDNIGHT  
THE EVENING BEFORE SURGERY

COVID-19 TESTING done **5 days prior**  
to your surgery (we will schedule it for you)

You need to go for PST approximately 7-10 days prior to surgery date. We will schedule it for you. **PST is located at 2048 SUNRISE HIGHWAY, BAY SHORE, NY 11706**

You need clearance from your PCP

You need clearance from specialists

**All pre-operative testing must be completed and faxed to (631) 376-0099 and (631) 647-5549 7 days prior to your procedure date**

You may reach our surgical coordinator at  
(631) 894 1031



**Benjamin Schwartz, MD, FACOG, FACS**  
Chair, Obstetrics and Gynecology, Southside Hospital  
Director, Women's Health Service Line, Eastern Region

Anze Urh, MD



DONALD AND BARBARA  
ZUCKER SCHOOL of MEDICINE  
AT HOFSTRA/NORTHWELL

*Specialists in Gynecologic Oncology  
& Minimally Invasive Surgery*

404 POTTER BOULEVARD  
BRIGHTWATERS, NY 11718  
PHONE: (631) 376-0055  
FAX: (631) 376-0099

[WWW.ISLANDONCOLOGY.COM](http://WWW.ISLANDONCOLOGY.COM)

## SURGERY CENTER INFORMATION

SOUTH SHORE SURGERY CENTER  
53 BRENTWOOD ROAD, SUITE F  
BAY SHORE, NY 11706  
PHONE: (631) 647-5550  
FAX: (631) 647-5549



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## SURGERY CENTER PROCEDURE INSTRUCTIONS

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BRIGHTWATERS, NY 11718  
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## Surgery Center Procedures and Surgeries

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Your physician has recommended an outpatient Surgery Center procedure or surgery for the treatment of your medical condition. *Now what?*

We understand you may have many questions and concerns. The information provided here is a general guideline for our patients requiring in office procedures and surgeries.

There is a lot of helpful information here that may help answer some of your questions. Please read it carefully for answers and information. Please be aware this is not a complete resource for your surgery. If your physician or any of our clinical staff provides you with other information, please refer to the information provided by the clinician.

*You may reach our  
surgical coordinator at  
(631) 894 1031*

## Scheduling and Preoperative Instructions

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Our office will coordinate scheduling your procedure and contact your insurance company for any authorization needed.

You will receive a call from our surgical scheduler within the next few days.

Within 4 weeks prior to your procedure, you will need to go for pre-surgical testing. This testing may be done at your primary physician's office, a laboratory facility and/or a radiology facility. If you prefer, the testing may be done at Southside Hospital's pre-surgical testing department, but will need separate arrangements. Please inform the surgical coordinator if you prefer to have the testing at the hospital.

The testing usually consists of an EKG, chest x-ray and blood work. A standard pregnancy test will be ordered as part of your bloodwork. If you suspect you may be pregnant, please inform our office.

You may need pre-operative clearance from your primary care physician (and possibly a specialist if you have certain ongoing medical conditions). If required, clearances should be faxed to our office and the surgery center.

All pre-surgical testing results and your medical clearance must be received by our office 7 days prior to your procedure.

The Surgery Center will contact you the night before the surgery to let you know what time you need to arrive. Typically, you will need to arrive 30-60 minutes prior to the procedure time.

***NO FOOD OR DRINK AFTER MIDNIGHT THE  
EVENING BEFORE YOUR PROCEDURE.***

## Postoperative Instructions

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You must bring someone with you to drive you home following the procedure. It is advisable to not be alone the night following your procedure.

**PAIN:** Menstrual type cramps and pelvic discomfort are normal after a D&C, LEEP or cone biopsy. You may also have a sore throat from anesthesia. If your procedure requires it, you will be given a prescription for pain medication before you are discharged home

**VAGINAL BLEEDING:** You may notice a bloody vaginal discharge for several weeks after surgery. You may use pads, but do not douche or use tampons.

**ACTIVITY:** For D&C, LEEP or cone biopsies, intercourse is permissible three weeks after surgery and once your bleeding has stopped.

**FOLLOW UP:** You should schedule a post-operative visit in two weeks with your physician unless instructed otherwise.

**PROBLEMS:** Call the office if you develop fever greater than 100.4, excessive vaginal bleeding (i.e. soaking more than one pad an hour), excessive pain, pus or marked redness of any wounds, problems with urination, or persistent nausea or vomiting, or any other concerns.

Please contact our physician assistants with any medical questions at  
(631) 376-0055.